

British Columbia Disc **Sports Society**

newsletter

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Greetings from the Editor

5 o the summer season is over for everyone, and we're into the fall season for those fortunate enough to have a league that offers one, and for the rest of us, it's tournament season.

This issue may be my last as SPIN editor with the BCDSS AGM upcoming, I expect that we'll find someone new to take on the challenge of

keeping everyone in the loop.

I'd like to apologize for the timing of this issue, as I had hoped to get it out sooner. I had some problems with my fall league which required my attention, so unfortunately SPIN got pushed aside while I secured new fields, and handled an extended registration process.

Hopefully, you didn't miss out on anything time sensitive. Hope to see you at the AGM, where I'll happily sign any copies of SPIN that you print and bring with you.

The BCDSS

s has been our custom in the last two issues, we provide a brief overview of the British Columbia Disc Sports Society for those of you who are unfamiliar with it.

The short answer is that if it involves discs and BC then the BCDSS is probably involved in some way. More specifically the BCDSS is the provincial organization responsible for Ultimate, Disc Golf, and other disc sports across the province.

Our role has typically been to remain behind the scenes and to provide services to the leagues and tournaments you play in. We do however have services to normal members as well:

- Our library which is full of videos, DVDs and books to help you learn about the sports or improve your game.
- Our coaching program which funds members looking to improve their skills and help develop our sports.
- Special request grants which help fund disc sports initiatives.

 Our on-line forum for general or league discussions.

Upcoming events that we're a part of include: BC High School Ultimate Championships, Duck Golf series, West Coast Wreck Golf series, among others.

We invite you to poke around our website for more info about the Society and our activities: www.bcdss.bc.ca

Join the Board

ur AGM is coming up (Wednesday October 26), and it's your best opportunity to help disc sports, by running for the BCDSS board. More details about the AGM can be found on page 10. And on our website:

www.bcdss.bc.ca/announcements/

Congratulations!!!

qain BC and Canada demonstrate their prowess: National champs: TFP (mixed), Nomads (open), Grind (masters) and West Coast Blitz (juniors). Runners-up: Joyride (mixed), along with strong showings from both Hussy (5th) and Roughriders (3rd). Canada takes the bronze at the World Games in Germany. Furious qualifies 1st at Regionals for the UPAs, and the list goes on. Check the articles for more details.

NEXT ISSUE: November, proposed submission deadline November 28th. Features: BCDSS AGM summary, VUL AGM summary, gift giving suggestions, off season training options, and more.

BC Ultimate Championships Recap

ell, the BCUC is long gone but definitely not forgotten. Just a quick refresher for you, the BCUC was held on Saturday, July 16th and Sunday, July 17th at Winona Park in Vancouver. The tournament was played to crown BC's provincial champions for the Open, Women's, Mixed, Masters and Juniors divisions; as well as to establish who would take BC's bids for the Canadian Ultimate Championships (CUC). What surprised many was that the tournament was not full and that BC might be under-represented at the CUC. But, I'll get to the CUC a little later.

The Open division had three teams enter: Nomads, Empire and Langley. However, due to circumstance no games were played. As the only Open team to go to the CUC, the Nomads were crowned provincial champions.

The Women's division originally had three entrants: Roughriders, Hussy and Bushfire. Unfortunately, the Wednesday before the tournament Bushfire withdrew. So, on Saturday 16th, the Roughriders and Hussy squared off, in what proved to be an extremely exciting and intense game. According to chatter on the VUL forum, Hussy dominated the game early and forced the Roughriders into playing some pretty desperate Ultimate, However, the Roughriders were able to refocus, regroup and tie the game. With the game tied at 14-14, it was really anyone's game. The women continued to trade points. But, when all was said and done, Hussy emerged the victor. Final score Hussy 17, Roughriders 16. Nicely done, ladies! With only two teams entered in this division, both went on to compete at the CUC.

Originally, Grind was the only team to sign up in the Masters division. It seemed as though they would be crowned provincial champions uncontested. But, a last minute change to the schedule in the Masters division saw Grind face off against the Free Radicals on Saturday afternoon. Grind took the game, the provincial championship and went on to represent BC in the Masters division at nationals.

The Juniors also squared off on Saturday. With the highest number of teams entered in any division at this year's BCUC, the four teams competing for provincial supremacy were also competing for just two bids for this year's CUC. Unfortunately, the results from the Juniors division aren't available right now. We'll try to have something for you in the next issue of SPIN. We do know that West Coast Blitz was crowned as provincial champions.

This year's Mixed division ran on Sunday. With only three entrants, Joyride, Chowder and TFP, all of this years Mixed teams would go to nationals. The games were played to crown this year's provincial champion and establish seeding for the CUC. The first game had Joyride playing Chowder. The game started off with the two teams trading points. However, Joyride was able to go on a bit of a run, and take the first half 8-5. Chowder came out guns blaz-



Mundy Random Doubles

E very Sunday at Mundy Park Disc Golf Course in Coguitlam, there is something known as "random doubles". For those of you unfamiliar with the term, it means that you just show up, and you are randomly assigned a partner for the round.

Let's back up for a moment and explain the event further. Every Sunday, all year round, at noon (don't be late, they won't wait), random doubles starts. The cost, \$6 (\$5 + \$1 Acepot/CTP).

So you've got a disc, and you've found Mundy Park on a map, you arrive at 11:45 just to be safe and to warm-up. What's next?

Just before noon, everyone will gather around the 1st tee pad (or 9th basket depending on how you look at things). Everyone grabs a disc, and they flip. All the people with their disc up separate, as do those with their disc down. This process is repeated until you get to a group where there's only two people matching. If you're the odd one out, you get to wait for the other odd ones out, and start again. If there's an odd number of players, you get to play two discs.

They play anywhere from 18-30 holes, so expect to spend at least 2 hours and possibly 4 at the course. You and your partner will be grouped with another pair, and you'll go around the course, generally using alternate trees, playing both tonals and baskets. The game is played with best disc, so each player throws and you choose which disc to throw from next.

At the end of the round, the lowest score gets the biggest share of the pot (the \$5/person). Depending on the number of players more placings will payout.

If anyone gets an ace on the course (hole in one), they will get to claim or share the acepot. If no one gets an ace, then after the round everyone gets to throw a pair of discs at a chosen basket for CTP (closest to the pin) with the winner taking the pot ing after the half scoring the next two points. Unfortunately, they were unable to maintain this momentum and Joyride answered back with 7 uncontested points to take the game 15-7.

The next match up was TFP and Chowder. Unfortunately, Chowder, having just suffered a loss to Joyride, seemed almost defeated before the game had even started. TFP would go on to win the game almost unchallenged. The final score TFP 15, Chowder 3.

The last game of the day pitted Joyride against TFP. In two previous matches, Joyride had lost to TFP. So, with a little bit of history between the two teams, it would prove to be an intense match. It is interesting to note that Joyride had a roster of 26, nearly twice the number of TFP. In fact, during the TFP-Chowder game, Joyride ran a series of short drills and then their team ran a full scrimmage. Wow!

Joyride came out with lots of energy and really took it to TFP early scoring the games first point. However, interspersed between a flurry of calls, TFP responded quickly and went on a 4 point run, followed by a Joyride time-out. Despite the time-out, Joyride was unable to really answer back and TFP took the half 8-3.

Joyride entered the second half with the same energy that they started the game. Able to string together a big run, Joyride pulled within two points of TFP making the score 11-9. At this point, both teams really stepped up their D, causing numerous turnovers. However, TFP was able to gain an advantage going on to win the game 15-10 and becoming this year's provincial champions.

"We quickly pulled our heads out of our asses and turned the pressure up."

Thanks to M of TFP who left a fantastic first hand account of the Mixed division games from 17th on the VUL forum.

So, just to recap, this year's BCUC champions are:

| Open | Women | Masters | Juniors | Mixed |
|--------|-------|---------|------------------|-------|
| Nomads | Hussy | Grind | West Coast Blitz | TFP |

Congratulations to this year's provincial champions, to everyone who participated in this year's BCUC and to all of the teams who represented BC at this year's CUC. We at SPIN would also like to congratulate Brian Gisel for another successful BCUC.

- Quit Wip

Giving Back to the Community

ere at SPIN we'd like to take a moment to acknowledge all the people and events which took place this summer to honour, support, develop and give back to the community. The three articles that follow highlight some of the things that the disc community is doing to contribute to the community.

—David Cowley

Mike Tan North Shore Classic

Greetings sports fans, or more accurately, disc sports fans. Alright, not overly original, but when I've got something better, you'll get it. Okay. Enough fooling around, let's get to the business at hand. I'm here to tell you about a wonderful event that recently took place on the North Shore, the Mike Tan North Shore Classic. That is to say, I'd like to tell you about it, but honestly I think that any attempts I could make would be an incredible disservice to you and the event itself. Instead let me

(the additional \$1/person) and a trophy.

Other course rules that you should be aware of, during the round if any of the following happen:

- Black Ace: getting an "ace" on the wrong basket, you owe each member of your group \$5.
- Black metal: hitting metal on the wrong basket, you owe each member of your group \$1.
- Ace: hole in one, everyone in your group owes you \$5.
- Hitting metal: hitting the basket, everyone in your group owes you \$1.

It's a relaxed atmosphere, and a really good way to get some tips from players who know enough to be able to offer them. Many people refer to the "random doubles" as "Sunday lessons". - David Cowley



BCUC — photo by David Cowley

share with you the words of Aaron Jonckheere. I never had the honour of knowing Mike Tan and I think it best that you hear from someone who not only knew Mike Tan, but someone who could share with you just exactly who Mike Tan was and why this event is so important. For those of you who don't know, Aaron is one of the coordinators for NSUL. So without further ado, I give you Aaron Jonckheere:

"Before I talk about the event itself, I'd like to take the opportunity to comment on who Mike Tan was, for those of you who didn't know him, and exactly why we are doing this.

Mike Tan was one of the original members of the North Shore Ultimate League. This past summer, Mike Tan was involved in an automobile accident on the Sea to Sky Highway. Unfortunately, Mike did not survive.

Every Saturday, Mike would drive down to Seylynn Park with whoever else he could convince to come along and play some Ultimate. Without question, Mike would often run pick-up when there was no coordinator present. I have to wonder where he found the time to do this every week, considering he had 3 great children (Brian, Lauren

and David) and a loving wife (Jennifer). Although Mike was in his late 40's, he was always one of the fastest ultimate players on the field. Mike was also an amazing handler and had a strong forehand that he could place with ease.

Most importantly, Mike had an incredible spirit about him. I often heard him laughing while he was playing. He was always open to giving instruction to those who asked, and always prioritized the Spirit of the Game. He was truly an incredible individual, and a huge loss for our sport on the North Shore and the Ultimate community as a whole. The event itself was organized to raise money for his wife and children.

As for the event itself, it was a total success. We had about 60 people join us on a beautiful, sunny afternoon on the North Shore. The teams were drawn at random (your classic Hat tournament) and the games were to be played in a 4(men)/3(women) format.

Round robin action saw three, one hour games for seeding and then one final one hour game to determine the champion. So while we can say that there was a winner, no one really remembers, and generally, no one really cares. The day WAS all about having fun, playing a little Ultimate, and getting some great exercise...things that mattered to Mike.

We asked each person to donate a minimum of \$5 each

for Mike's family, and the majority of people gave much more than this. The generosity of the ultimate community to give so much, for a player that most people who played at the tournament didn't even know, is legendary.

On this day, we were able to raise over \$750 (we lost count after \$600) for the family. When you add this amount to the \$400 raised during the Flower Bowl BBQ, and a huge donation of \$300 from Art Hawkins on behalf of Elimination Eights, we raised somewhere in the neighbourhood of \$1500 for Mike's wife and children.

To this end, there are some special thanks that needed to be handed out. First, everyone that attended and made the tournament what it was deserve a huge thank you. Thank you. As an ultimate community, we seem to genu-

inely understand that it is more than just about the game. It is the friendships, the good times and the relationships that we build that mean the most. The fact that so many people showed up, and gave their time and money to a family that they didn't even know, is incredible.

Art Hawkins, Robin Killeen, and Neil and Karen Beattie all donated large sums of the money to the family and they need to be recognized for their efforts. Gaia Ultimate provided each of the children with a new disc and for this they also deserve a huge thank you. Kelly Mah, Tomiko Johnson and Deanne Jonckheere all put forth huge amounts of time and effort to help organize and run this tournament. Without them, this thing doesn't happen. Thank you. Finally, the members of the North Shore Ultimate League, who donated the money needed to purchase all the food for the BBQ, deserve a round of applause. There are countless others who helped recruit players, brought stuff to the field, helped to set up the fields, helped with the BBQ, etc. and for this I am extremely grateful for your help.

Afterwards, we had an awesome BBQ where people were able to just chill out and relax. At this time, we presented the money and the game discs to his wife and children. It was an emotional moment for everyone and you could see that they were truly touched by this. This tournament



"Most importantly, Mike

had an incredible spirit

about him. I often heard

him laughing while he

was playing."

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will certainly become an annual event, and we hope that Mike Tan's name will continue to be synonymous with North Shore Ultimate."

Thank you for that Aaron. I'd like to congratulate Aaron

and NSUL for successful tournament and an exceptionally worthwhile event. And kudos to the Ultimate community for supporting this event and celebrating the life of Mike Tan. Well done, ladies and gentlemen. Need I say more?

- Jeff Nip

Disc Drive

Itimate has a history of spirit within itself, but it also has a sense of community spirit. Two other charity events in the Lower Mainland have articles just this issue, but there is another one fostering spirit as far away as the Philippines. "DiscIN, DisCOUNT" has partnered the Vancouver Ultimate League with the Philippine Ultimate Association and Gaia to send gently used discs to the Philippines where there is a lack of equipment. Not only are 175 gram Ultimate discs difficult to find, even in Manila, their relative cost is far greater than in Canada. Until September 1st, Gaia was accepting discs on behalf of the Philippine Ultimate Association Disc Drive and giving a cumulative 10% discount on the purchase made that day, up to 50% off.

In the Philippines, teachers are using Ultimate to help keep teenagers and children active and off the streets. In the two years since the Disc Drive began, disc sports have been established in physical education classes in four grades and a college. On the playgrounds of this school, there are discs flying all around and in September, there will also be a Frisbee Club started, with great response expected.

For more information on donating to the Disc Drive, email info@philippinetultimate.org or visit http://www.philippineultimate.org/home/community/discdrive

- Karin Abel

Ulti for Alzheimer's

A s previously reported there was a charity tournament run to raise money for Alzheimer's research.

The final figures weren't available at press time, but by all accounts it was a great event.

- David Cowley

CUC: Canadian Ultimate Championships 2005

It was a very good showing for BC teams at this year's Canadian Ultimate Championships (CUC), held August 11th -14th. How good? You'll have to keep reading to find out. Or you could just cheat and skip to the bottom.

At the end of the first day of competition, Nomads (Open), Hussy (Women's), the Roughriders (Women's), Grind (Masters) and West Coast Blitz (Juniors) were all undefeated. There were mixed results for two of BC's Mixed teams, with both TFP and Joyride recording 2 wins and 1 loss. Unfortunately, both Chowder (Mixed) and Vortex (Juniors) left the day winless

Day Two saw mixed results for the BC teams. Unfortunately, Grind lost both of their games to Flood. The scoreboard also showed Grind shutting out the Cynics in their late afternoon game. However, the Cynics were defaulted, which gave Grind the win. That left Grind with 1 win and two losses, but 1 win and 1 loss in their Power Pool putting them in number one spot in their division.

In the Women's Division, the Roughriders remained undefeated for the tournament. Hussy did not fair so well. Although, winning one game, Hussy lost it's two others, including one game to the Roughrid-

> ers. Still, both teams would go through to the quarterfinals. For the Juniors, Vortex finished the day with a win and two losses, but would make it through to quarterfinal play on Saturday. Like the Roughriders (Women's), West Coast Blitz remains undefeated at the tournament. In fact, West Coast blitz opened their day with a stunning victory over last

<u>Teams Competing at the 2005 CUC:</u> Masters Division:

Grind (Seeded 2), Vancouver

Juniors Division:

West Coast Blitz (Seeded 2), Vancouver Vortex (Seeded 7), Fraser Valley

Mixed Division:

TFP (Seeded 1), Vancouver Joyride (Seeded 5), Vancouver Chowder (Seeded 9), Vancouver

Women's Division:

Hussy (Seeded 4), Vancouver Roughriders (Seeded 6), Vancouver

year's CUC champions, MOFO, defeating them 15-2. West Coast Blitz, undefeated, would of course also move on to the quarterfinals.

The Nomads finished the day's Open Division with two fairly comfortable wins and one loss.

The results for the Mixed Division were just that, mixed. Chowder continued to struggle at the tournament recording two losses and one tie. As a result, Chowder would play out the rest of the tournament for placement in the overall standings. Joyride faired little better posting two losses, including one to TFP, as well as one



Nomad laying out vs. Goat in CUC 2005 photo by Jamie Bishop © 2005

win. TFP had the strongest showing going undefeated for the day. Despite, its two losses, Joyride would join TFP and move on to the quarter-finals.

Day Three was an especially busy day. Let's start with the Masters. Grind played the Cynics in the semifinals beating them 12-9, moving them in to the finals against Flood. As previously mentioned, Grind had lost two games already to Flood at this year's tourney. However, Flood would not take a third game, instead losing to Grind 10-16. Congratulations on your National Championship Grind!

BC's Women's teams had been playing solid Ultimate all tourney. Unfor-

tunately, Day
Three would not
be so kind to
them. While, the
Roughriders
would win their
quarterfinal
match, beating
Eve 15-7, Hussy
would be less
fortunate losing
by the same
score to Cream.

Hussy would win their Championship Placement Round besting Flo by a score of 12-9. The Roughriders faced off against Toronto's top Women's team, Lotus, in their semifinal match. Unfortunately, the Roughriders would lose 7-10. Both the Roughriders and Hussy would win their subse-

> quent Championship Placement Round games finishing the tournament third and fifth respectively. Congratulations ladies on a great tournament! The final was played on Sunday be-



TFP: mixed national champions— photo by Jamie Bishop © 2005

tween Ottawa's Stella and Toronto's Lotus. Final score: Stella 17, Lotus 13. Congratulations Stella on your National Championship!

Moving along, let's take a look at Juniors Division for Day Three. Unfortunately, Vortex drew last year's champs, MOFO in their quarterfinal match up. Vortex put up a valiant effort, but fell to MOFO 15-1. West Coast Blitz continued its winning ways, remaining undefeated, beating Wheaties 15-6, to move on to the semifinals. Vortex would win one and lose one of its Championship Placement games to finish seventh overall. Congratulations Vortex for a great tournament. West Coast Blitz



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Nomads: open national champions— photo by Jamie Bishop © 2005

would play Dirt in their semifinal game, winning 15-5. The final was the late game of the day, matching up last year's champions and BC's own West Coast Blitz. Final score: West Coast Blitz 17, MOFO 14. Congratulations to West Coast Blitz for becoming this year's National champions!

The Open quarterfinal match up pitted Victoria's Nomads against Toronto's Grand Trunk, with the Nomads winning 11-8 and the semifinal game had the Nomads beating Phoenix 13-8. The Nomads' semifinal victory set up their Championship Final against Goat. The final was a close one, but the Nomads emerged victorious, winning 17-14

over Goat, retaining their title as National champions. Congratulations to the Nomads for winning their second straight National Championship!

In the Mixed Division, both Joyride and TFP took their quarterfinal matches, winning 13-10 and 15-5 respectively. Both teams would, of course, go onto the semifinals. Joyride squared off against Bombing Mad Fatties, the only Mixed team to go undefeated for the tournament. That is, until they lost to Joyride. In what some considered a big upset, Joyride came up huge to take down BMF 15-10. TFP also won their semifinal in a very close game against Camelot, winning by a single point 13-12. So, what does that mean? It means an all BC final, with Joyride once more to face off against their



TFP going up against Joyride in CUC 2005 photo by Jamie Bishop © 2005

home town rivals, TFP. But, TFP would not be denied another National title and would go on to defend its National title and defeat Joyride 17-9. Congratulations to Joyride on an awesome finish at this year's CUC and congratulations to TFP for their second straight National title!

So, for all of you who cheated here are your 2005 CUC winners, in a more condensed form:



Masters Division: Grind, Vancou-

er

Women's Division: Stella, Ottawa Juniors Division: West Coast Blitz,

Vancouver

Open Division: Nomads, Victoria Mixed Division: TFP, Vancouver

There were concerns from some that because, BC did not fill all of its bids for this year's CUC that BC would be under represented at the CUC. Apparently, it doesn't matter how many teams we send. British Columbia Ultimate is still a dominating force. Four out of five ain't bad. Congratulations to all the teams who participated in the 2005 CUC!

- Jeff Yip

Nomad hand block vs. Goat in CUC 2005 photo by Jamie Bishop © 2005



Kamloops Disc Golf Complex Update

A s you may have heard, the Kamloops DG Club is working on a huge Disc Golf complex right across from the existing Rose Hill course. The property in question will include the area used for the 2004 Nationals temporary course, plus a WHOLE bunch more land. In fact, this complex could include as many as four 18 hole courses and would have the potential to host world class tournaments.

The process begins this Fall and will include securing a tenure for the property from the Crown. Next will be an exciting design/consulting phase for 3 weeks in April. Preliminary discussions have been made with John Houck, considered to be the finest Disc Golf course designer in the world, to design the complex. Construction would commence soon afterwards and will require a massive volunteer effort from the Western Canadian disc golf community.

Depending on design, this complex could involve as many as 4 18 hole courses, for which the City of Kamloops has committed to spending up to \$81,000 in 2006. This will include course design, baskets, tee pads, alt tees, alt basket placements, signage and other course infrastructure. Again, depending on design, some of the courses could measure in at well over 9,000 feet, while others would come in at around 7,000.

Some of the goals for this complex will include bringing A Tier, National Tour, and potentially Worlds events, plus major Canadian events to Western Canada. As well, the KDGC would like to coordinate instruc-

Pumpkin Pull: 13 years of ghoulish playing

Once again from out of the ashes comes the most celebrated time of the year in the Victoria Ultimate Community. The end of the tourney season is upon us, and we get to host one of the funnest tourneys around. It's all about the players, the volunteers and the great atmosphere that makes teams come every year.

A stray collection of cookie munching great players, partiers and rookies get dressed up in the wildest of costumes to come together to end the year on a high note.

Since its inception, this tourney has been fantastic; it's like Thanksgiving, ultistyle, with great camaraderie, hilarious costumes from teams coming as far as Alaska (last year they were scooter riding kamikaze pilots) to the old-time classic local Loggers- no other team have I ever seen to spark up a chainsaw from the sideline in the middle of the game or Calgary's Lawn Party in their bowling whites.

Now, I know this tourney from three sides: playing, watching and organizing.

Playing it is great! Anytime that I am out there on the field for this tourney, I love to be marked against a Dead President, or Mickey Mouse while my mind has been in the player's pack. I'm not sure, but I would have to say that this is about my 7^{th} or 8^{th} Pull that I am playing of the 13 that has been held. And I got memories from everyone of those that make my gut bust with laughter.

In 2000, I had to sit and watch since I got my cheekbone broken in 3 spots the week before while playing pickup. I got to sit on the sideline, bundled up in most of my clothes that I had and sat around heckling and cheering on my friends as best as I could. Not the greatest of weekends weather wise, but it sure was a lot of fun since I got my fair share of pity drinks!

In 2002, I jumped on the chance of organizing this shindig and once again I am up to the challenge of bringing together a bunch of freaks from around the Wet Coast area. So, for me, seeing all the get-ups and friends from near and far come together for this tourney, makes it even more exciting and fulfilling to organize. Of course, none of it would be possible without the help of the volunteers who pull it all together for us. They work tirelessly on food prep, marking those bloody fields and getting the party ready for all of the ghosts, goblins, Where is Waldo's, and all sorts of other costumed peeps. I would like to give them big thanks since we wouldn't have a tourney without them.

So far, I can't remember a final where the weather has been all too bad. There always seems to be a mist hanging over the field, and then a cloud of haze as the raffle winner goes around the field and shares his winnings with everyone! At the end of the day, some fortunate fools can just go home to bed, while others have to hop on a plane, take a ferry or drive up island to get to theirs. The next day, we'll all be a little sorer, a little happier thinking about the wild weekend we just had and looking forward to next year!

Happy Halloween everyone!! http://www.vups.bc.ca/pumpkin/pumpkin.htm
- Wichael Hofmanu (hofmagle@hotmail.com)

tional opportunities from top level players as part of a plan to build the BC player base and support our emerging top players.

Be sure to set aside a week-end in May to help with the installation. This facility will change the face of BC disc golf and it will require a lot of volunteers to make it a reality. Stay tuned to our great web site for updates on this project at:

www.kdgc.com

- Clint Andersen
President, KDGC
PDGA Provincial Coordinator

League Updates

The following information was submitted by the various leagues around the province who had something to say. So if you're thinking of moving, this is an easy way to advance scout the leagues, because you know if there isn't one, you'll be forced to start it. We understand the addiction. If your league doesn't have an update, feel free to send one in to

spin@bcdss.bc.ca

Victoria Ultimate

Victoria Summer League has been a great success with lots of newer players developing that ultimate addiction. The landscape of ultimate is changing in Vic as can be seen by the number of babies and wee ones bouncing around the field (must be something in the water).

Split Disc 2005 was a great success—as usual the weather and fields were perfect for Split Disc 2005. This year we increased our participants and spirit. The folks at Juan de Fuca recreation allowed us to set up a challenging but forgiving course with the help of the Island Disc Golf Society. The BBQ was extended over two nights and was a huge success. Dave P alluded to the number of offspring now running around the fields in Victoria - we're going to encourage that at SplitDisc 2006 and make it a family-friendly tournament.

All out of towners are always welcome for pickup on Sundays at 12:30 at Landsdowne. For more info please visit www.vups.bc.ca or call Dave P at (250) 480-0077.

New disc golf course is now open up on the Malahat and there is another one if the works in town-- more info at www.islanddiscgolf.com

- Dave Pettenuzzo & Dave Karn

Burnaby Ultimate

aving had such an amazing summer season, it's not that hard to believe that the fall would be unable to match it. We peaked out at 6 teams this summer, and are looking to expand much further next

year, hoping to hit at least 10 teams, and expand to at least 2 nights a week, if not more. We're also looking into the possibility of running a hat tournament in April, hosting the BC Ultimate Championships, doing a New Year's tournament and more.

Unfortunately this fall we had some field issues, that would be, the fields that the parks department wanted to give us were closed by the maintenance staff. This forced us to delay the start of the season by a week, and reduced the amount of promotion for the league.

That said, we have over 50 people (we always welcome new players) playing Ultimate in Burnaby this fall, and we've got two time slots going: Sunday 10-1 at Central Park (Boundary and Imperial/49th) which although not a stellar field, is good enough for our purposes, and has the advantage that lots of people will drive by and notice us playing. On Monday 6-8pm we have a brand new field turf field at Byrne Creek high school (10th & Griffiths). The field only opened in September, and it's beautiful, and there's something about playing under the lights. We will be running winter league at the field as well.

So although we saw a significant decline in the number of players, given the field snafu, and the fact it is fall league, things are still looking good and healthy in Burnaby.

We are in discussions with Burnaby Parks, Rec and Culture about field developments, and already have a mixed use Ultimate/Rugby field included in their 10 year plan. We are developing our own field proposals to encourage the development of more mixed use Ultimate fields as well as some Ultimate only fields. These include getting our foot in the door for another field turf field that will be opening at Burnaby North high school in September 2006.

I am also talking to athletic directors at the various high schools to see if we can't get some teams started. So if there's any Burnaby teachers who happen to read this and want to sponsor the Ultimate team (assuming the strike ends) let me know.

In an effort to keep the league from making mistakes, I will be attending the Canadian League Conference hosted by CUPA in Montreal November 12th and 13th.

If you happen to be passing through, by all means drop by the field and check out what we have to offer.

- David Cowley

North Shore Ultimate

SUL is not running a fall league, but for anyone interested in volunteering for the North Shore League for the Summer of 2006, should contact Aaron Jonckheere at nsultimate@yahoo.ca.

- Aaron Jonckheere

SFU Ultimate Club (CLAM)

It's been a busy summer on Burnaby Mountain, where THE CLAM, the SFU Ultimate club, has been carefully plotting to take over the campus, Ultimate style. With new custom discs, an Inter-Club Hat Tourney, and the famous Mr. Ultimate date auction fundraiser in the offing, the club is looking to increase exposure and participation in preparation for another run at the UPA college series.

Focusing on increasing player skill, the club will be holding an ongoing mini clinic series preceding scrimmage three times/week during open field times. We are committed to both new and developing recreational players, and those seasoned veterans who want to share their knowledge.

Non-SFU students are welcome as club members. Please visit www.sfuclam.org for more information about club sign-up and events. We'll see you on the field.

- Thomas Billingsley, President

BCDSS Annual General Meeting (Oct 26)

If you're getting this newsletter then odds are that you're a BCDSS member. If you play Ultimate in any of the leagues in the province, or have played in any of the BCDSS sponsored Disc Golf tournaments (Duck Golf, Wreck Golf, BC Open, Provincials, etc) then you are a member. As a volunteer run organization we depend on you the players to participate and volunteer. This year we're trying a few different things to help make the AGM more valuable to the members. For the latest information check the website: http://www.bcdss.bc.ca/announcements/index.html

If you're considering getting involved but are a little shy, or not quite sure if you want to commit, the AGM is a great place to find out. Or better yet, use the e-mail addresses at the end of SPIN to contact current board members who can answer your questions.

Don't live in the lower mainland? No problem! This year for the first time (?) we're offering the ability for people who are out of town to call in for the AGM. We have a limit to the number of people who are able to do this, so please e-mail discbc@bcdss.bc.ca to get the number and instructions.

Have another commitment that day? Send a friend. Just like most Annual General Meetings the BCDSS allows you to vote through a proxy. The proxy form is available on the website (http://bcdss.bc.ca/bcdss-proxy-2005.pdf)

What's in it for me? You mean other than the sense of personal fulfillment you get from participating, and giving back to disc sports and the people who bring you Flowerbowl, the BC Ultimate Championships, various Disc Golf tournament series, High School Provincial Championships, and more. FREE pizza, and door prizes, as well as the guest speakers.

Is being on the board a big commitment? It really doesn't have to be, and the more people we have involved the less work any single one of us needs to do (or the more we can accomplish). Being on the board means that you commit to attending a monthly meeting, so call it 3 hours a month. There then might be something else associated with the role you take on, but it's not a second job. It's less work than captaining a team. You really should consider it.

None of the board positions interest me... That's okay, we don't mind if you do something you don't like. Seriously, if you want to be involved but can't find a role that suits you, just let us know, we ALWAYS need volunteers for other things. Whether it be at tournaments, special projects, coaching or

any number of other tasks.

AGENDA

Warm-up: 6:30-7:00pm

 Preview <u>Disc 3 from UltiVillage</u> while everyone arrives.

Guest Speakers: 7:00-8:00pm

- Elite Training Tips. Learn how to improve your mental and physical fitness through a panel discussion with reps from BC's top touring teams (panelists: Anne-Marie Carey [RoughRiders], Dave Metvedt [Joyride], Mike Kaweski [Grind] and a coach from West Coast Blitz).
- All the World's a stage. Get a behind the scenes look at running a World Championship. Brian Gisel, Chair of the WFDF Events Committee, will talk and answer questions about organizing <u>WUCC 2006</u> in Perth, and WUGC 2008 in Vancouver.

General Meeting: 8:00-9:30

- Annual Reports, Q&A
- Board Elections
- Member of the Year Awards, Door prizes, Conference Sponsorship Draw

I'd like to donate a door prize... Really? That's great. Send an e-mail to discbc@bcdss.bc.ca or call David 604-298-3070 to arrange the details.

Where is it exactly? The meeting is being held in a room at SportBC, the actual address is: 1367 West Broadway, Vancouver (one block east of Granville).

Other Annual General Meetings

VUL— November 23rd, Heritage Hall

The upcoming VUL AGM is very important, in that there will be 4 vacancies (out of 7) on the board, and Jeff Malmgren the long time coordinator will be stepping down in the next year. So the board you elect will be in charge of finding his replacement. Undoubtedly there are other important issues as well, you should go if you play in the VUL.

BCDGA— after the Abbie's Open Oct 15th

The BCDGA is a new society which is intending to have it's first AGM after the Abbie's Open. If all goes according to plan the BCDGA will become a member organization of the BCDSS and will replace the existing BCDSS Disc Golf Branch. We'll let you know when we know more.

TCUP— in February

Traditionally held in a pub shortly after their Spring season begins, check the TCUP website for details.

Everyone else— as far as we know no one else has an AGM for us to announce. There are leagues which are getting close (NSUL for example). Odds are if you play in a league and they have one, that they'll let you know about it. If you could then let us know about it, we'd much appreciate it.

World Games Update

f you missed it this time, you will have to wait almost four years for the next one. No, it's not the Summer Olympics. It's not the World Cup, or even Euro Cup. That's right ladies and gentlemen the World games have come and gone. Some of you probably already know that. But, I suspect that most of you don't. So, that's my job, I'm here to give vou the 411 on the results and performance of Team Canada at this year's World Games. What's more, many of the players on Team Canada have long standing BC connections. So, both Canadian and British Columbian pride is on the line at this year's games. Canada returns to the World Games, in Duisburg, Germany, as reigning champions and this vear's competition is some of the fiercest Canada has ever faced. USA, Australia, Japan, Germany (host country) and Finland, have been waiting four years for a chance at the title of World Games champion in Flying Disc (Ultimate).

Day One of round robin competition saw Team Canada take on the host country, Team Germany. Conditions for the match included rain and wind. Luckily a lot of the team hails from Vancouver. They should be use to the rain. Despite the rain, both teams came to the field echoing the sentiments of the captains meeting the night before: "We are so ready to play." The game was relative close. Germany kept things interesting. Canadian game point, with the score 12-8 Germany is able to score following a series of turnovers by both teams. Still Canada game point, our heroes quickly move the disc up the field. From about 15 metres outside the end zone, Valerie Dion puts up the disc to Derek Alexander to end the game. Final score: Canada 13, Germany 9. Following the Canadian captain Andrew Lugsdin had some kind works for his opponents. "The Germans played very well. They were simply unfortunate in the second half. They should continue to play in that shape. Their strong point is gaining offensive space."

The second match of Day One had Canada squaring off against their



North American rivals. No...not Mexico. The Americans would probably be the toughest opponents that the Canadians would face at the World Games. But, even with all of their combined experience and strength, Team Canada was unable to overcome a very confident and very hungry Team USA. Coming off a win over the Japanese earlier in the day, the Americans used much of the same strategy against Team Canada as they did Team Japan: score early, score often. Team USA would set the tone early going up 2-0. Canada would get on the board, and keep the game close. Unfortunately, Team USA would take the half 7-4.

Following half time, Canada failed to convert on an American turnover, as a result of an attempted greatest. Canada would continue to keep the game close not allowing the Americans to run away with the game. With team Canada just outside the Americans' end zone, Kirk Savage put in a scubber grabbed by Andrew Lugsdin to make the score 8-5. And while it appeared as though Canada had gained momentum and was on the brink of something spectacular, Team USA went on a 3-0 run, putting the game almost out of reach. But with the rain falling, Team Canada would not go quietly, answering back with two points. Once again, the Americans were able to wrest back control of the game scoring one more to make it game point Team USA. Still not ready to concede defeat, on their next possession Oscar Pottinger put up a long forehand to

Vale Dion in the end zone to make the score 12-8. But, it was too little, too late and Team USA would not be denied victory. Following a Team Canada turnover, Team USA patiently worked the disc back up the field and scored their final point, ending the game. Final score: USA 13, Canada 8.

The final tilt of Day One pitted Team Canada against a very determined Australian squad. In a highly anticipated match, the Aussies were able to pull out an overtime victory against Team Canada, winning the game 15-14. The game was quite intense, but at the same time extremely spirited, as both sides traded points all game. The will by Team Australia saw them exit round robin play on Day One, undefeated. Unfortunately, Team Canada could only earn the single win.

Day Two of round robin action was much kinder to the Canadian squad. In the second game of the day, Team Canada decisively defeated Team Finland, who had been struggling much of the tourney. A strong defense for Team Canada caused many turnovers for the Finns and completely stymied their offense. And unlike their other games, Team Canada was able to capitalize on many Finnish turnovers. Final score: Canada 13, Finland 2.

Final game of the day and of round robin play saw Team Canada take on the Bronze medal winners from the last World Games, Team Japan. A



much tougher opponent than their previous match, Team Canada continued to play strong defensively. In fact, there were lots of layouts for Team Canada on D. Unfortunately, for Canada the Japanese had much fewer turnovers than the Finns and the two teams traded points for much of the game. It was a close one. Final score: Canada 13, Japan 11.

Anne-Marie Carey at the World Games against Germany © 2005 A. Tiefenbacher www.irrelevant.de

With round robin play closed at the end of Day Two, the matches for the medal round had been set. The gold medal game would see Team USA, the only undefeated team at the World Games, taking on Team Australia, who had suffered only one defeat at the hands of the Americans. Team Canada would play in the Bronze medal game against defending Bronze medalists, Team Japan. Obviously, Team Canada would not repeat as World Games champions. Still, playing for Bronze at the World Games is still a very impressive feat. Although disappointed with

their performance, as defending champions, at the 2005 World Games, in a pre-game interview, Team Canada player Evan Wood talked about their determination not to leave the games empty handed. "We are committed to putting a positive spin at the end of it with a win here. If we play hard defense and clean up our offense, we'll be fine."

In what would be a hard fought battle, Team Canada came out strong taking the first half 7-3. Some amazing aerial and acrobatic defense by Team Canada shut down much of the Japanese offense. And sev-

eral unforced errors by Japan were quickly converted into points by Team Canada. However, a 6-0 run by Team Japan put them on top. With Team Japan now in the lead, the teams would continue to trade points, neither side admitting defeat. Tied at 14, Japanese disc, Team Japan turns the disc over near a sideline. Canada,

Day One

United States 13 - Japan 4 Germany 9 - Canada 13 Australia 13 – Finland 3 Canada 8 - United States 13 Finland 13 – Germany 11 Japan 9 – Australia 13 United States 13 – Germany 7

Finland 9 - Japan 13

Canada 14 - Australia 15

Day Two

Australia 14 – United States 15

Germany 8 – Japan 13

Canada 13 - Finland 2

Australia 13 - Finland 8

Japan 11 – Canada 13

Day Three - Medal Round

Finland 10 – Germany 13

Canada 15 - Japan 14

United States 13 - Australia 11 (Gold: US, Silver: Aus, Bronze: Can)

now in possession, Jeff Cruickshank gets the disc. An offensive powerhouse in the second half, Cruickshank recorded either an assist or a goal on the last six points for Team Canada, including the game winning point. Final score: Canada 15, Japan 14. And with that win Canada takes the Bronze medal. Congratulations to all the players and staff of Team Canada for a great performance at the 2005 World Games. Also, congratulations to gold medalists Team USA and silver medalists Team Australia. And that's it, another successful tournament for Team Canada. Although, I guess we'll have to wait four years for Team Canada to be able to regain their title as World Games Champions. I've also gathered for you, the results from all of the games played at the 2005 World Games along with Team Canada's roster and stats. So, we'll see you back here for the 2009 World Games in Kaohsiung in Chinese Taipei.

- Jeff Uip

| Jersey | Name | Goals | Assists | Points |
|--------|------------------|-------|---------|--------|
| 3 | Erin Huck | 5 | 0 | 5 |
| 9 | Andrew Lugsdin | 8 | 9 | 17 |
| 13 | Anne-Marie Carey | 2 | 1 | 3 |
| 18 | Su Ning Strube | 4 | 3 | 7 |
| 19 | Jeff Cruickshank | 4 | 16 | 20 |
| 25 | Oscar Pottinger | 3 | 4 | 7 |
| 33 | Derek Alexander | 9 | 7 | 16 |
| 54 | Evan Wood | 4 | 8 | 12 |
| 66 | Valerie Dion | 6 | 3 | 9 |
| 91 | Kirk Savage | 9 | 8 | 17 |
| 99 | Victoria Chow | 7 | 2 | 9 |

Grant Money

This year the BCDSS applied for a Direct Access Grant (Casino money), in August parts of our grant were approved. In total, we received \$11,750 in grant funding.

That money is to be used towards the following programs: BC High School Championships (\$5,000), Disc Purchase program (\$4,500 one-time), Outreach Clinics (\$2,250).

We will continue in future to apply for grants whenever possible to help increase the amount and quality of services provided to members and the public at large. Kudos to the government for having programs like this.

- David Cowley

Want to Coach? Take a course...

You might not have known this but he BCDSS has a service for members where they will fund coaching courses. Here's the official stuff:

The British Columbia Disc Sports Society will fund members up to 75% of the cost of course registration for Coaching Association of Canada Introduction to Competition A and Introduction to Competition B, sports first aid, Serving It Right certification, leadership development, and any other courses which the Board agrees to fund.

Procedure for Application and Reimbursement:

- 1. The applicant must be a BCDSS member in good standing.
- 2. The applicant must send the Board a brief outline of his/her qualifications, as well as, a description of the course and how the course will benefit the disc sports community. Approval from the BCDSS Board must be sought **prior** to the start of the course.
- 3. Once the Board has approved the application, the applicant must submit to the Board a receipt of registration/payment (photocopy or original) no later than two months after the end of the course in order to be reimbursed 75% of the fee.

Send applications to the BCDSS secretary: discbc@bcdss.bc.ca

BCDSS Library

That's right the BCDSS has a library, and members can check things out. We add new items to the library on a regular basis.

For a full listing of what we've got check the website: www.bcdss.bc.ca/resources/index.html

Rumors & Gossip

Here are some rumours we heard or started:

- Tory Hislop & Blair Underhill were awarded the VUL Bursaries
- There's an underground movement to start up a night ultimate league...
- The BCDSS was granted membership into SportBC www.sport.bc.ca
- Furious George qualified as the number one seed for the UPA Club nationals (finishing second at sectionals and first at regionals) www.furiousultimate.com
- UltiVillage the purveyors of fine Ultimate DVDs are actually based out of Vancouver, who knew? www.ultivillage.com
- Kamloops is hosting a Halloween Disc Golf tournament, it will be the second PDGA B Tier event in the province this year. The "The Pacific Northwest Halloween Hyzer Howl" is Oct 29 & 30th. www.kdgc.com
- There's a growing movement in the suburbs to get leagues started, locations where people

- have started talking about creating leagues: Surrey and Richmond
- Mortakai on the VUL forum is actually a real person
- The thummer is the throw of the future
- Swamp Boy from the Queen Elizabeth Disc Golf Course is currently in negotiations for a movie deal...
- A new society called the BCDGA— British Columbia Disc Golf Association is in the works. It should eventually replace the BCDSS Disc Golf Branch. Although, all members of the BCDGA would remain BCDSS members, it's more like growing up and moving out than a divorce.
- There's a new Disc Golf Course on the Island, the Malahat Disc Golf Course www.malahatdiscqolf.com
- CUPA

 — Canadian Ultimate Players
 Association is putting on the Canadian League Conference in
 Montreal November 12th and
 13th. www.canadianultimate.com

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Freestyle World Championships

Between July 29-31 2005, a park in Seattle was transformed by a crowd of disc enthusiasts who had gathered to watch the World Freestyle Championships. Tents, streamers and booths sprang up for several days. There were events other than the World Freestyle Championships, including trick disc catching dogs. Freestyle is a series of acrobatic disc tricks set to music and can be done solo, in pairs, trios or a group. For competition purposes, there are usually pairs categorized as co-ed, women's and means.

Lacking time and finances, we elected to arrive on Sunday, the day that the World finals were to be held. I hadn't seen any Freestyle before, and was uncertain what I should expect. The first thing that caught my eye was the huge amount of tie dye. Purely by accident, I had worn a tie dye tank top had been part of my Ultimate uniform several years ago, so I was pleased by the opportunity to blend in a little. There were people of all ages throwing light plastic rings that were being sold by the FPA. These inexpensive practice rings included directions for one of the simpler core tricks of freestyle, the air brush. Air brushing happens when a player knocks the disc into the air by hitting the edge repeatedly in the direction of the spin, keeping it in flight and often increasing the rate of spin.

While wandering around with my new purchase twirling around my finger, I found myself in the warm up/jam area where competitors tried out new tricks and socialized. They were spinning discs casually on their fingers while they talked to one another, and there were perfectly in control discs flying all over the field. It all looked very easy, so I tossed my disc in the air, tried to brush it as per the directions and watched it hit the ground twenty feet in front of me. Someone else was getting a lesson, so I listened in on the directions.

One of the most consistent elements of disc sports is how friendly everyone tends to be. Freestyle people are no



Freestyle World Championships 2005 — photo by David Cowley

exception. Even those who didn't have any experience with the sport were drawn into group "jams" where there was a disc or two being batted around or across a circle of people.



Even after watching the practice area, I was blown away by the sheer imagination and dedication that the competitors had put into their skills. For me, discs traveled in a straight (or somewhat curved) linear fashion, either between two people, or between one person and a disc golf basket (or in my case, a tree, if I'm to be perfectly honest). Linear was certainly not the goal of these people. In my experience, if a disc was spinning, it was also traveling. Not so here. I saw discs spinning on fingers, passed around while still spinning, people doing forward and backward somersaults and keeping the disc level and, of course it was still spinning.

- Karin Abel

Local League

If you know of a league, or pick-up that we don't have listed, tell us about it: spin@bcdss.bc.ca

Burnaby, Burnaby Ultimate www.bcdss.bc.ca/~burnaby/age: any, format: co-ed, hat David Cowley burnaby@bcdss.bc.ca

Campbell River, Campbell River Ultimate Society

age: any, format: co-ed

Ben McGuffie

ben.mcguffie@norskecanada.com

Chilliwack, Chilliwack Ultimate Frisbee www.bcdss.bc.ca/~chilliwack/ age: any, format: co-ed Ian & April Gardner bcgardner@shaw.ca

Comox, Comox Ultimate age: any, format: co-ed Mark Erickson nefrodar@hotmail.com Nelson, Nelson Ultimate www.nelsonultimate.org age: any, format: co-ed Daiva Villa noel@eggminus.com

nsultimate@yahoo.ca

North Vancouver, North Shore Ultimate League www.nsul.ca age: any, format: co-ed Aaron Jonckheere

Parksville, Parksville Ultimate League www.parksvilleultimate.com age: any, co-ed: Diana Jolly diandwill@telus.net

Penticton, Penticton Ultimate Frisbee Federation www.vernonultimateclub.com/puff/ age: any, format: co-ed Carol Flynn caric70@hotmail.com Prince George, Prince George Ultimate www.members.shaw.ca/thejonuks/ pgu.htm age: any, format: co-ed Greg Jonuk thejonuks@shaw.ca

Squamish, Squamish Ultimate Disc Society age: any, format: co-ed Tasso Lazaridis tasso50@hotmail.com

Vancouver, Vancouver Ultimate League www.vul.bc.ca age: any, format: co-ed Jeff Malmgren coord@vul.bc.ca

Vernon, Vernon Ultimate Club www.vernonultimateclub.com age: any, format: co-ed Dan Reid dan@vernonultimateclub.com

Victoria, Victoria Ultimate Players Society www.vups.bc.ca age: any, format: co-ed Dave Pettunuzzo daven@islandnet.com



Upcoming Ultimate Events

Details subject to change. Please check websites for most current information.

Oct 29/30, 2005: Pumpkin Pull, Victoria

Nov 12/13, 2005: CUPA Canadian League Conference in Montreal

Dec 7-11, 2005: Pan-American Ultimate Club Championships 2005 in Sao Paulo, Brazil

Early July 2006: BCUC

Aug 17-20, 2006: Canadian Ultimate Championships in Halifax

Nov 13-19, 2006: World Ultimate Club Championships 2006 in Perth, Australia

Junior Calendar of Events

Details subject to change. Please check websites for most current information.

POSTPONED: Due to teacher's strike the tournament is postponed indefinitely.

Oct 15, 2005: BC High School Ultimate Championships @ UBC and University Hill High School. www.bcdss.bc.ca/forum/viewtopic.php?t=213

Aug 13-19, 2006: World Junior Ultimate Championships 2006 in Boston

Upcoming Disc Golf Events

Details subject to change. Please check websites for most current information.

Oct 29/30, 2005: The Pacific Northwest Halloween Hyzer Howl (PDGA B Tier) in Kamloops www.kdgc.com

West Coast Wreck Disc Golf Series

www.dotware.ca/west/index.html

Quilchena, October 8, 2005 Robert Burnaby, November 5, 2005 Langley Doubles, December 3, 2005 Tsawwassen, January 7, 2006 Jericho, February 4, 2006 Maple Ridge, March 4, 2006 Queen Elizabeth, April 1, 2006 Mundy Park, May 6, 2006

Duck Golf Series

www.bcdss.bc.ca/ssi/tournaments/DG2005-6/ DG2005-6.shtml

Oct 15, 2005: Vancouver — Little Mountain (Abbie's Open) Chris Collins chris@abbiessports.com

Nov 12, 2005: Nanaimo — Bowen Park John Anthony coljohn@islandnet.com

Dec 17, 2005: Langley — Langley Mark Campbell markcampbell7@shaw.ca

Jan 14, 2006: Victoria — Eco Resort Kent McFadyen kentmcfadyen@shaw.ca

Mar 18, 2006: Coquitlam — Mundy Park Craig Sheather sheather@telus.net

Apr 15, 2006: Kamloops — TBA Clint Anderson canderson@kamloops.ca

June 2-4, 2006, "2006 International Women's Cup", Rose Hill Park, Kamloops.
www.kdgc.com/Womens%
20Tournie.htm

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This issue of SPIN...

...brought to you by the BCDSS with the invaluable volunteer efforts of Jeff Yip, Karin Abel and David Cowley. A special thanks goes out to those who have let use their photos to liven up this issue.

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Jamie Bishop www.pbase.com/jbishop

A. Tiefenbacher www.irrelevant.de (including cover photo)

David Cowley and Karin Abel

Contact Us

You can obviously contact a board member directly. But if you don't know who you want to talk to, you can reach us through: discbc@bcdss.bc.ca

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V6J 1Z0

604.878.7387 or 1.888.878.7387 (we do check our messages, we're just slow sometimes)

Not a member?

Send us the following information and a cheque for \$10 (to the address on the left):

First name: _____ Last: _____
Email address: _____

Phone number: ______Address:

City:_____ Postal Code: _____

Province: _____ Gender: Male or Female

Date of Birth: ____ (M) ____ (D) ____ (Y)

Disc sports you're interested in:

 $_{\square}$ Disc Golf $_{\square}$ Field Events $_{\square}$ Goaltimate

☐ Discathon ☐ Freestyle ☐ GUTS

□ Double Disc Court □ Frickets □ Ultimate

□ Other: □ □

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